

# College of Ayurved & Research Centre

(I. D. No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

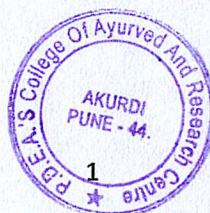
E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc\_akurdi@pdeapune.org

**1.3.1 QIM The Institution integrates cross-cutting issues relevant to gender, environment and sustainability, human values , health determinants, Right to Health and emerging demographic issues and Professional Ethics into the Curriculum as prescribed by the University / respective regulative councils.**

## 1.3.1 - Various activities conducted under crosscutting issues

### INDEX

| SR. NO. | CONTENT                                                                    | Date                      |
|---------|----------------------------------------------------------------------------|---------------------------|
| 1.      | Speech on gender equality                                                  | 26.01.2019                |
| 2.      | Guest lecture – Human organ transplantation                                | 15.02.2020                |
| 3.      | Guest lecture –Medico legal aspects of OB-GYN                              | 26.02.2020                |
| 4.      | Guest lecture & poster competition on occasion of world health day         | 07.04.2021                |
| 5.      | Guest lecture- My health my responsibility- on occasion of world labor day | 03.05.2021                |
| 6.      | World population control program                                           | 11.07.2021-<br>11.08.2021 |
| 7.      | Eye checkup and treatment for women under gender equality                  | 11.10.2021-<br>16.10.2021 |
| 8.      | Majhi vasundhara plantation campaign                                       | 22.10.2021                |
| 9.      | Elocution competition – World health day                                   | 07.04.2022                |
| 10.     | National level e-poster competition on gender equality                     | 11.04.2022                |
| 11.     | Rangoli competition –Menstrual hygiene day                                 | 28.05.2022                |
| 12.     | Survey on awareness on sexual harassment and violence against women        | August 2022               |
| 13.     | Prakriti parikshan camp for senior citizen                                 | 07.10.2022                |
| 14.     | Prakriti parikshan camp for CRPF                                           | 17.10.2022                |



**PDEA'S COLLEGE OF AYURVED & RESEARCH CENTER**

Sector no. 25 Pradhikaran, Nigdi, Pune- 44

**Post event summary report**

Date 28/01/2019

**Name of the event-** Speech on Gender equality on the occasion of 70<sup>th</sup> Republic Day Flag Hoisting Ceremony

**Date of the event-** 26<sup>th</sup> Jan 2019

**Time of the event-** 8.30 am

**Location of the event-** Campus of college

**Participants-** Hon. Principal, Vice Principal, Directors of the college, teachers, non-teaching staff, Deputy Superintendent, RMO, Para-medical staff, UG and PG students.

**Number of persons attending the event-** Students- 82, Staff- 80

**Organising committee-** NSS

**Contact person-** Dr. Dinesh B. Naik

**Telephone number-** 9881371440

**email address-** drdineshnaik27@gmail.com

पु.जि.शि.मं.चे  
आयुर्वेद महाविद्यालय  
द संशोधन केंद्र निगडी, पुणे-४११०४४.

आवक क्र. 3135/2019 दिनांक 28/1/2019  
टेबल क्र.

**Brief summary of the event**

लेखनिक

प्राचार्य

Gender equality is not only an ultimate human right, but a necessary base for a peaceful, and prosperous world. There has been progress over the last decades, but the world is not on track to achieve gender equality by 2030. On the occasion of 70<sup>th</sup> Republic Day Flag Hoisting Ceremony our college student, Sharayu Ghatol gave speech on Gender equality.

In her speech she said- thinking of society is changing slowly. Many women are getting a quality education. But the true meaning of women empowerment will be achieved when gender equality will be established.

We need to give equal opportunities to women for equal pay, equal respect as equal to men. We look forward to such a nation. Equal rights in decision making, health, politics, infrastructure, profession, etc. will surely advance our society to a new level.

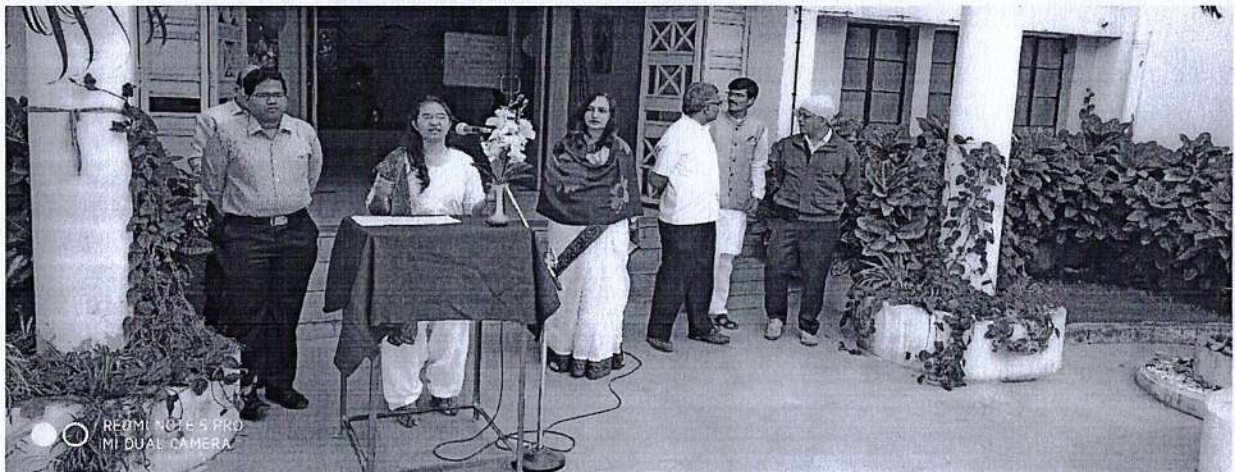
  
-Dr. Dinesh B. Naik

  
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## Photos of the event

### Speech on Gender equality on the occasion of 70<sup>th</sup> Republic Day Flag Hoisting Ceremony



Sharayu Ghatol gave speech on Gender Equality

  
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Pune District Education Association's



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### Post event summary report

Date-15/2/2020

**Name & Date of the event-**

Guest lecture – Human organ Transplantation Act on 15/2/2020

**Organising department/ committee-** Agadtantra Department

**Location of the event-** Auditorium, CARC, Nigdi, Pune.

**Number of persons attending the event-** UG students -55 & PG 7.

**Mode of event- Online/ Offline-** Offline

**Drive Link for Photos-** <https://drive.google.com/drive/folders/1I-IpIMbonE5GYvpbS8wJCr-feJwPqCat?usp=sharing>

**Brief summary of the event-**

Mr Vivek Tatke & Mrs Asmita Tatke conducted an awareness lecture on organ donation . they elaborated legal formalities and guidelines given in Human Organ Transplantation Act which is also known as HOTA. And they also told students to register as an organ donor.



Name of the Department Agadtantra

NAAC Metric No. 1.3.1



Pune District Education Association's



## College of Ayurved & Research Centre

Guest lecture on organ donation 15/2/2020



Name of the Department Agadtantra

NAAC Metric No. 1.3.1



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## Department of STREEROG-PRASUTITANTRA

**Guest lecture topic** - Medico-legal aspect of OBG-GYN

**Venue:** Auditorium , Nigdi.

**Date:** 26-02-2020

**Time:** 2.00 to 3.00 PM

**Participated Students:**

**UG:** 89 (Aware batch + Adlinge batch)

**PG:** 04    **Interns:** 18.

**Present Teachers:** 04

**Guest Lecturer:** Dr.Shelmohakar Ravindra.

MBBS. MD(OBGYN)

**Activity:**

is organised by Streeroga Department .Dr.Shelmohkar nicely explained all aspect of medicolegal practice in Gynac and obst , special MTP ,labour , surgical procedures.

Lecture is very beneficial for all students and teachers also. Lecture is followed by questions and answers.

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आयुर्वेद महाविद्यालय

व संशोधन केंद्र निगडी, पुणे-४११०४४.

आवक क्र. 2030/1-2020 दिनांक 26/2/2020

टैबल क्र. ①

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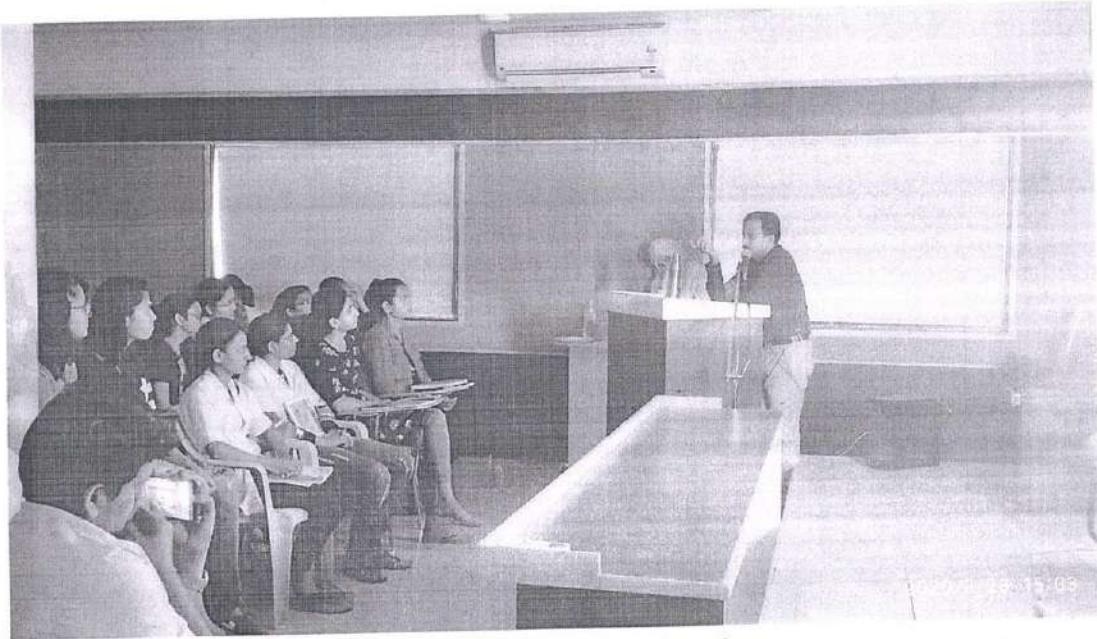
प्राचार्य

A. V. Adhavi  
विभागप्रमुख  
स्त्रीरोग प्रसूति तंत्र विभाग  
आयुर्वेद महाविद्यालय व संशोधन केंद्र  
निगडी



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Guest Lect by Dr. Shelmolkar .



Dr. Shelmolkar sir delivering lect . 26.02.20 .  
regarding medicolegal aspect in Obst-gynaec

AV Jadhav

विभागाध्यक्ष  
स्त्रीरोग प्रसूति तंत्र विभाग.  
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निगडी



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Guest Lect

26.02.20 .



Dr. Jadhav Av.

Dr. Shelmolkar R.

Dr. Sanjay Neha.

Dr. Kale Trupti

Dr. Shashik Nayab (PA).

Date : 26-02-2020

AV Jadhav  
विभागाध्यक्ष  
स्त्रीरोग प्रसूति तंत्र विभाग  
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Avadhav

विभागाध्यक्ष  
जोशिया प्रसन्न विभागाध्यक्ष  
आयुर्वेद विभाग, पुणे  
पुणे

College of Ayurveda, Nipdi, Pune - 411 044.

# World Health Day Celebration Report

WORLD HEALTH DAY (7<sup>th</sup> April)

Celebrated by Kriya sharir department, CARC, Nigdi, Pune

- Kriya sharir department of CARC had organized a Guest Lecture and Poster competition on occasion of World Health Day on 7/4/21, under the guidance of Principal madam Dr Mrs.Ragini Patil.
- Guest Lecture Topic- -- 'Let's build a healthier world for everyone'.
- Speaker—Dr.Abhishek Karmalkar  
(Consultant, Sterling Multispeciality Hospital, Nigdi, Pune )
- Platform--- Zoom meeting, Date- 7/04/2021 Time- 3.30 pm
- The lecture link of zoom meeting sent via whats app groups to all students and teachers.
- The lecture started with the introduction of speaker by HOD of Kriyasharir dept Dr Chobhe .
- Total number of participants - 100
- Dr More, Dr Nyahalse and Dr Chaudhari coordinated the event.
- Dr. Abhishek Karmalkar shared his knowledge about health maintenance and importance of health. Sir focused on mental health and how to achieve mental health even

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व संशोधन केंद्र निगडी, पुणे-४११०४४.  
आमक क्र. 344/2021 दिनांक 5/5/2021  
टैबल क्र. (3)

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प्राचार्य

in this pandemic situation. He emphasized on exercise and how it helps to maintain health.

- Vote of thanks.
  - The whole programme was recorded on zoom and soon will be uploaded on youtube channel of Kriyasharir dept.
  - On occasion of World health day, Kriyasharir dept organized Poster competition for all UG and PG students.
  - Glimpses- total posters received=10
- 1<sup>st</sup> Prize- Sayali Arude (I BAMS)
- 2<sup>nd</sup> Prize- Sagar Bangar (MD Scholar Kriya Sharir)
- 3<sup>rd</sup> Prize- Radhika Kharad (MD Scholar Swasthavritta)



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*(Signature)*

Principal

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# World Labor Day Celebration Report

WORLD Labor DAY (1<sup>st</sup> MAY)

Celebrated by Kriya sharir department, CARC, Nigdi, Pune

- On occasion of World Labor Day, Kriya sharir department of CARC had organized an online lecture for non teaching staff of Ayurved College and Ayurved Rugnalay, on 3/5/21, under the guidance of Principal madam Dr Mrs.Ragini Patil.
- Lecture Topic- -- My Health My Responsibility
- Speaker— Teachers of Kriya Sharir Dept.
- Platform--- Zoom meeting, Date- 3/05/2021 Time- 2.30 pm
- The lecture link of zoom meeting sent via whats app groups to non teaching staff of Ayurved Collcge and Ayurved Rugnalay.
- The lecture started with the history briefing of Labour Day by HOD of Kriyasharir dept Dr Chobhe. Dr. More Explained about covid 19 virus spread and ways of protection from it. Dr.Nyahalse gave information of preventive measures to be followed at home in the pandemic to boost immunity. Dr. Chaudhary explained regarding diet and lifestyle during covid 19 pandemic and suggested use of medicines recommended by AYUSH dept. New Delhi
- Total number of participants - 31

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व संशोधन केंद्र निगडी, पुणे-४११०४४.

आयक क्र. 345/2021 दिनांक 5/5/2021  
उपलब्ध क्र. (3)

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- Dr More, Dr Nyahalse and Dr Chaudhari coordinated the event.
- Vote of thanks by Dr.chaudhary
- The whole programme was recorded on zoom, available on Kriya sharir drive.



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# College of Ayurved & Research Centre

Date- 07/7/21

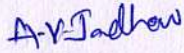
## Notice

This is to inform all UG & PG students of Streerog and Prasutitantra and Faculty that our department is arranging "World Population control Programme"

Details are as follows

Date-11/07/2021 to 11/08/2021

Venue- OPD No. 119 ,Streerog and Prasutitantra , Ayurved Hospital , Nigdi.



Dr. Anjali Jadhav  
HOD  
Streerog And Prasutitantra



Dr. Ragini Patil  
Principal

**Principal**  
P.D.E.A.'S  
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**Pdea's ,College of ayurveda and research  
centre Nigadi , pune.**

**Streerog prasutitantra department**

**world population day, 11/7/21  
11/7/21 to 11/8/21**

| Sr no | date               | mode             | On the occasion of world polution day ; world population control camp | participants | Consultant                                                             |
|-------|--------------------|------------------|-----------------------------------------------------------------------|--------------|------------------------------------------------------------------------|
| 1     | 11/7/21 to 11/8/21 | Offline., online | Free comseling and contraception at opd for one month                 | 125          | 4<br>dr a v jadhav<br>dr v k shinde<br>dr neha sanas<br>dr trupti kale |
| 2     | 11/7/21            | offline          | health talk at parandawadi maval                                      | 25           | 1<br>dr trupti kale                                                    |
| 3     | 11/7/21            | offline          | health talk at shivane maval                                          | 20           | 1<br>dr trupti kale                                                    |
| 4     | 11/7/21            | offline          | health talk at ohale maval                                            | 20           | 1<br>dr trupti kale                                                    |
| 5     |                    |                  |                                                                       |              |                                                                        |
| 6     | 12/7/21            | offline          | training to staff about contraceptions                                | 75           | 4<br>dr a v jadhav<br>dr v k shinde<br>dr neha sanas<br>dr trupti kale |
| 7     | 13/7/21            | online           | online guest lecture of dr Rathnmala DESAI Madam PRESIDENT OF FPA     | 80           | 1<br>dr kale trupti                                                    |
| 8     | 18/7/21            | online           | on line health talk contraception - Dr kale Trupti                    | 30           | 1<br>dr kale trupti                                                    |
| 9     | 24/7/21            | offline          | health talk to female police staff Dehuroad pune                      | 100          | 2<br>dr a v jadhav<br>dr trupti kale                                   |
|       |                    |                  |                                                                       |              |                                                                        |



*For*  
*H.O.D.*  
Dept. of Stree-roga Prasuti Tantra  
College of Ayurved & Research Centre  
Nigadi

*Principal*  
Principal  
P.D.E.A.S  
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पुणे जिल्हा शिक्षण मंडळाचे आयुर्वेद रुग्णालय व  
स्टर्लिंग मल्टीस्पेशलिटी हॉस्पिटल



भेळ चौक, प्राधिकरण, निगडी, पुणे

**स्त्रीरोग प्रसूतितंत्र विभाग**

आयुर्वेद महाविद्यालय व संशोधन केंद्र, निगडी, पुणे

**जागतिक लोकसंख्या दिवस**

११ जुलै २०२१



जनजागृती व्याख्यान

११ जुलै २०२१  
सकाळी-११ वाजता

विषय-गर्भनिरोधक उपाय साधने आणि समज, गैरसमज

**Contraception -Methods & Myths**



Condom



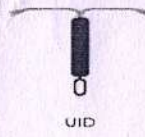
Female condom



Oral contraception



Hormonal ring



IUD



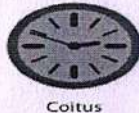
Contraceptive injection



Surgical sterilization



Implant



Coitus interruptus



Calendar rhythm method



Vaginal douche



Contraceptive patch



Diaphragm / cap

संपर्क- डॉ.तृप्ती काळे ८००७२११४१८



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COLLEGE OF AYURVED & RESEARCH CENTER

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Post event summary report Date - 26/8/21

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आयुर्वेद महाविद्यालय

व संशोधन केंद्र निगडी, पुणे-४११०४४.

Name of the event-World population control programme

आवक क्र. 2430/2021 दिनांक 15/9/2021

Date of the event - 11/7/21 to 11/8/21

टेबल क्र. 2

Organising department/ committee- streerog prasutitantra

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Location of the event- streerog prasuti departmen t opd, Ipd different places where healthtalks wear organised

Number Of Persons Attending The Event-

Mode of event- Online/Offline

Link of online event --

Drive Link for Photos

-https://docs.google.com/document/d/1hgcmYhcu6pnM5MprxTPtD9nh4uRNYIs0/edit?usp=sharing&ouid=111091522272945806691&rtpof=true&sd=true

Youtube linkforvideo--

Contact person- dr TRUPTI KALE

Telephone number-8007211418

Emailaddress-carastreerog@gmail.com



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Brief summary of the event- on the occasion of world population day  
,Streerogprasutitantra dept has conducted many programmes this month.

1 Mou With Family Planning Association Of India

2 free contraceptives and counselling for onemonthforopd patients

3training to medical and nonmedical staff of contraceptive methods

4Online and offline healthtalks are delivered to the genera lpopulation about methods and myths about contraceptives.

5guest lecture of DrRatnmala desai Madam ,President Family planning association India.

Signature

AVJ.  
H. O. D.  
Dept. of Stree-roga Prasuti Tantra  
College of Ayurved & Research Centre,  
Nigdi

Designation

Assist prof.  
Streng.

Name- Dr Kale. T.  
18/8/21

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# HEALTH TALK FOR FEMALE POLICE STAFF



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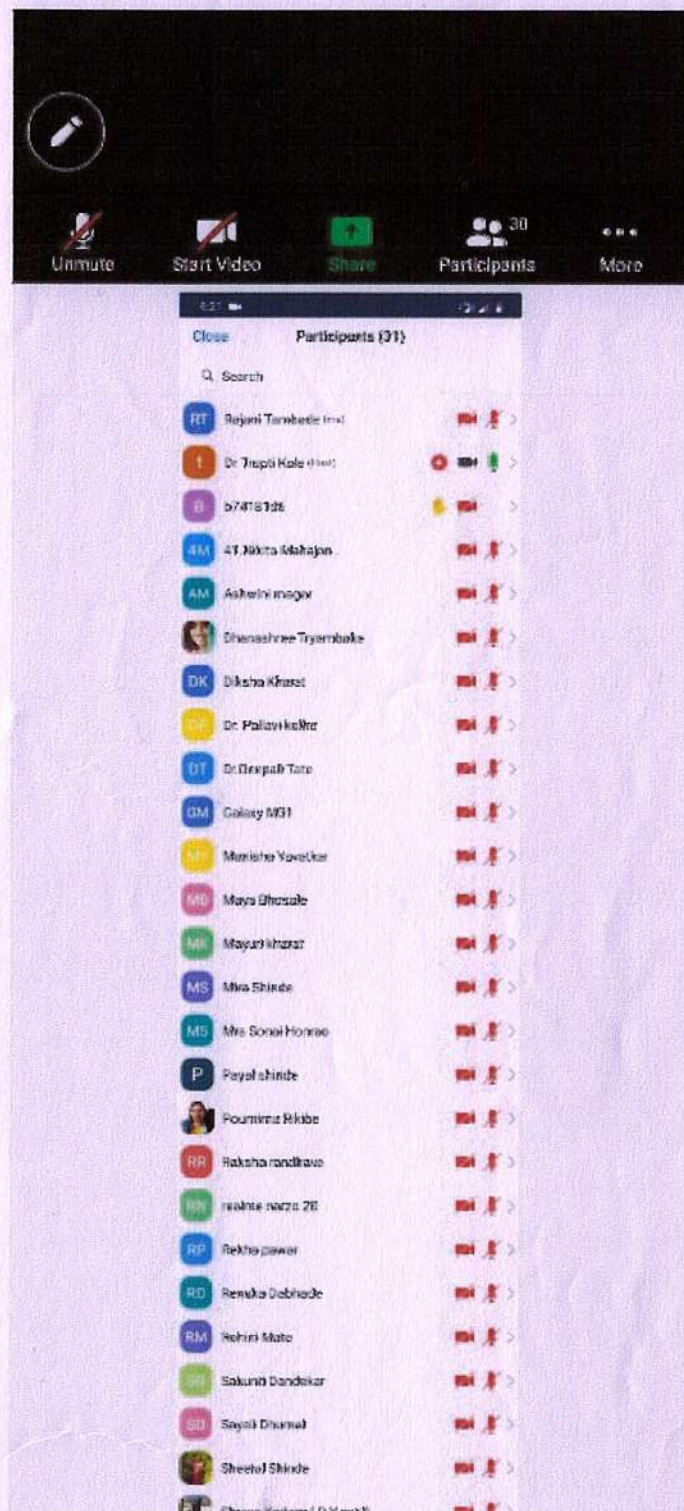

**STREEROG PRASUTITANTRA DEPT**  
**COLLEGE OF AYURVEDA AND RESEARCH CENTRE AKURDI PUNE**  
**WITH**  
**FAMILY PLANNING ASSOCIATION OF INDIA, PUNE**  
**ON WORLD POPULATION DAY**  
**FREE**  
**COUNSELLING**  
**AND**  
**CONTRACEPTIONS**





Contraceptive pills  
 Mota B, Mota H  
 Contraceptive injection  
 Pili Unwanted 72

**Nirodh**  
**STREEROG PRASUTITANTRA, OPD NO 119**  
**11 TH JULY TO 11 AUGUST 2021**  
**TIME - 9AM TO 3 PM**  
**contact no - Dr Kale Trupti: 8007211418**



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स्टर्लिंग मल्टीस्पेशलिटी हॉस्पिटल  
भेळ चौक, प्राधिकरण, निगडी, पुणे

**स्त्रीरोग प्रसूतितंत्र विभाग**  
आयुर्वेद महाविद्यालय व संशोधन केंद्र, निगडी, पुणे

**जागतिक लोकसंख्या दिवस**  
११ जुलै २०२१

जनजागृती व्याख्यान  
११ जुलै २०२१  
दुपारी - १२ वाजता

**विषय - गर्भनिरोधक उपाय साधने आणि समज, गैरसमज**  
Contraception - Methods & Myths

संपर्क - डॉ. तुषी काळे ८००७२११४१८



पुणे जिल्हा शिक्षण मंडळाचे आयुर्वेद कणालय व  
स्टर्लिंग मल्टीस्पेशलिटी हॉस्पिटल  
भेळ चौक, प्राधिकरण, निगडी, पुणे

**स्त्रीरोग प्रसूतितंत्र विभाग**  
आयुर्वेद महाविद्यालय व संशोधन केंद्र, निगडी, पुणे

**जागतिक लोकसंख्या दिवस**

महिला पोलिसांसाठी आरोग्य व्याख्यान  
विषय -  
महिला आरोग्य समस्या,  
आहार आणि योग

विषय -  
गर्भनिरोधक उपाय  
आणि  
समज, गैरसमज

व्याख्यात्या  
डॉ. अंजली जाधव  
स्त्रीरोगतज्ञ

डॉ. तुषी काळे  
स्त्रीरोगतज्ञ

दि २४/७/२१, सकाळी ११ ते १२  
स्थळ - सुशिला मंगल कार्यालय  
तळेगाव दाभाडे, मावळ पुणे



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P.D.E.A.S.  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.



Principal  
P.D.E.A.S  
College of Ayurved And Research Centre  
Jai, Pune - 411 044.



Pune District Education Association's

## College of Ayurved & Research Centre



Post event summary report

Date- 21/10/2021

Name of the event- महिलांसाठी नेत्र तपासणी व चिकित्सा शिबिर

On occasion of –world sight day-Under gender Equity.

Date of the event- Date-11 /10/2021 ते 16/10/2021, Time- 9am to 3pm.

Organising department/ committee- Shalakyatantra.

Location of the event- OPD NO 122 , PDEA's Ayurved Rugnalay & Sterling Multispecialty Hospital, Nigdi, Pune.

Number of persons enrolled in this camp.-111

Mode of event- Online/ Offline- Offline.

Drive Link for lecture recording –NA

Email address- shalakyata.carc@gmail.com

Brief summary of the event-

Shalakyatantra department of PDEA's college of Ayurveda and Research Centre, Nigdi, Pune has organized - महिलांसाठी नेत्र तपासणी व चिकित्सा शिबिर under gender equity, on occasion of World sight day and Azadi ka Amrit Mahostav on 11/10/2021 to 16/10/2021 at OPD NO 122 , PDEA's Ayurved Rugnalay & Sterling Multispecialty Hospital, Nigdi, Pune. Total -111 patients enrolled in this camp.

पु.जि.शि.मं.चे  
आयुर्वेद महाविद्यालय व संशोधन केंद्र  
निगडी, पुणे-४११०४४.  
आवक क्र. ५९२९/२०२१-२२  
दिनांक - २१/१०/२०२१  
लेखनिक *Choti* प्राचार्य

*Choti*

Signature Dr. Virkar C.A.

Name & Designation

H.O.D.  
Dept. of Shalakyata Tantra  
College of Ayurved & Research Centre  
Nigdi

Name of the Department shalakyatantra

NAAC Metric No. 7.1.1



## Photos of the Event

Name of the event- महिलांसाठी नेत्र तपासणी व चिकित्सा शिबिर

On occasion of –world sight day-Under Gender Equity.





PDEA's  
Ayurved Rugnalay & Sterling Multispecialty Hospital  
Sector no. 27, bhel chowk, pradhikaran, nigdi, pune-411044 ( reg.no.-66)  
DEPARTMENT OF SHALAKYATANTRA –on occasion of World sight Day





**महिलांसाठी नेत्र तपासणी व चिकित्सा शिबिर**

कॉम्प्युटर मुळे डोळ्यांवर येणारा ताण,  
सतत वाढणारे चष्म्याचे नंबर,  
मोतीबिंदू, डोळ्यांची अलर्जी,  
कोरडेपणा डोळे लाल होणे,  
मधुमेहामुळे डोळ्याच्या पडद्यावर होणारे परिणाम.

Date-11/10/2021 ते 16/10/2021  
वेळ -सकाळी 9 ते 3



OPD NO  
122






  
**Principal**  
College of Ayurved & Research Centre  
Akurdi, Pune - 411044.



## महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK  
दिंडोरी रोड, म्हसळ, नाशिक - ४२२००४, Dindori Road, Mhasrul, Nashik - 422004

Phone: 0253-2539173, 174

Website : www.muhs.ac.in, E-mail : sw@muhs.ac.in

**संदिप श्रीराम कुलकर्णी**

(बी.एस.एल., एलएल.बी., एम.पी.ए., पी.जी.डी.एच.आर.)

**प्र.संचालक, विद्यार्थी कल्याण**

पु.जि.शि.मं.चे

आयुर्वेद महाविद्यालय

**Sandip Shriram Kulkarni**

(B.S.L., LL.B., M.P.A., P.G.D.H.R.)

**Offg. Director, Student Welfare**

मआवि/एस.डब्ल्यू/एनएसएस/९७७/२०२१

दिनांक :- १२/१०/२०२१

प्रति,

मा. अधिष्ठाता / प्राचार्य,

विद्यापीठ संलग्नित रासेयो महाविद्यालये,

मआवि, नाशिक.

*Umt*  
लेखनिक

*✓*  
प्राचार्य

विषय : "माझी वसुंधरा अभियान" अंतर्गत केलेल्या विद्यार्थीनिहाय वृक्ष लागवडीची छायाचित्रे व माझी वसुंधरा मित्र ई-प्रतिज्ञा प्रमाणपत्र [www.nssmaharashtra.org.in](http://www.nssmaharashtra.org.in) या वेब पोर्टलवर अपलोड करण्याबाबत...

- संदर्भ : १) महाराष्ट्र शासन, राष्ट्रीय सेवा योजना, मंत्रालय कक्ष, उच्च व तंत्र शिक्षण विभाग, मुंबई यांचे पत्र क्र.रासेयो - २०२१/प्र.क्र.७५/साशि-७, दि.१३/०८/२०२१  
२) विद्यापीठ पत्र क्र.मआवि/एस.डब्ल्यू/एनएसएस/७७४/२०२१, दि.१८/०८/२०२१  
३) महाराष्ट्र शासन, राष्ट्रीय सेवा योजना, मंत्रालय कक्ष, उच्च व तंत्र शिक्षण विभाग, मुंबई यांचे पत्र क्र.रासेयो - २०२१/प्र.क्र.७५/साशि-७, दि.०६/१०/२०२१

महोदय / महोदया,

उपरोक्त विषय व संदर्भास अनुसरून आपणांस कळविण्यात येते की, शासनाच्या "माझी वसुंधरा अभियान", या उपक्रमांतर्गत वृक्ष लागवड व ई-प्रतिज्ञा उपक्रम राबविणेबाबत व सहभागी होणेबाबत आपणांस विद्यापीठ पत्र क्र.मआवि/एसडब्ल्यू/एनएसएस/७७४/२०२१, दि.१८/०८/२०२१ रोजीच्या पत्रान्वये कळविण्यात आले आहे.

त्याअनुषंगाने माझी वसुंधरा या अभियानात रासेयो स्वयंसेवकांनी सहभागी होवून वृक्ष लागवड करणे व ई-प्रतिज्ञा घेतली आहे, त्याचे प्रमाणपत्र आणि "माझी वसुंधरा अभियान" अंतर्गत प्रत्येक स्वयंसेवकाने केलेल्या किमान दोन वृक्ष लागवडीचे गुगल मॅप द्वारे घेतलेले फोटो स्वतःच्या गुगल ड्राईव्ह वर अपलोड करून, दीर्घकाळ प्रदर्शित करणे अनिवार्य आहे. तसेच गुगल ड्राईव्ह लिंकचा वापर करून [www.nssmaharashtra.org.in](http://www.nssmaharashtra.org.in) या वेब पोर्टलवर वृक्ष लागवड व माझी वसुंधरा ई-प्रतिज्ञा माहिती अपलोड करणे क्रमप्राप्त आहे. सदर माहिती प्रत्येक स्वयंसेवकांकडून [www.nssmaharashtra.org.in](http://www.nssmaharashtra.org.in) या वेबपोर्टलवर भरण्यात यावी. करिता आपल्या माहितीस्वतः शासनाचे संदर्भीय पत्र क्र.३ सोबत जोडून पाठवित आहोत. त्यानुसार कार्यवाही करण्यात यावी व त्याबाबतचा अहवाल विद्यापीठास सादर करण्यात यावा. जेणेकरून सदर माहिती शासनास सादर करणे शक्य होईल.

कळावे,

*Santhosh*  
प्र.संचालक

विद्यार्थी कल्याण तथा  
रासेयो कार्यक्रम समन्वयक

सोबत: वरीलप्रमाणे.



Pune District Education Association's

# College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc\_akurdi@pdeapune.org



Date :- 20/10/2021

## Notice

### AKAM MAZI VASUNDHARA PLANTATION CAMPAIGN

Organized by N.S.S. Department

Friday 22.10.2021

11.00 am

Venue-

Bhavprakash Herbal Garden, Dehuroad.

N.S.S. Volunteers

  
N.S.S. Dept  
PROGRAM OFFICER  
NATIONAL SERVICE SCHEME  
C.A.R.C., NIGDI, PUNE-44.



  
Principal  
Principal  
P.D.E.A.G  
College of Ayurved & Research Centre  
Nigdi, Pune - 411 044.

## COLLEGE OF AYURVED &amp; RESEARCH CENTRE, NIGDI, PUNE 411044

## "AZADI KA AMRITMOHOTSAV 75"

## N.S.S. &amp; DRAVYAGUNA DEPARTMENT

"MAZI VASUNDHARA ABHIYAN 2021"

PLACE: - PLANTATION AT BHAVPRAKASH HERBAL GARDEN, DEHOROAD, PUNE

## Post event summery report

Date: - 22/10/2021

|                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Name of the event                     | Azadi ka Amrit Mahotsav, Mazi Vasundhara Abhiyan                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Date of the event                     | 22/10/2021                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Time of the event                     | 10.00 am                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Location of the event                 | C.A.R.C.s Bhavprakash Herbal Garden, Dehuroad, Pune                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Participants                          | NSS Volunteers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Number of persons attending the event | Teaching – 04, Non-Teaching – 02, Students – 08<br>(Total – 14)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Organising committee                  | NSS & Dravyaguna Department                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Contact person                        | Dr. Rajesh Mhaske                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Telephone number                      | 9130805556/9423805556                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Email address                         | carcnss@gmail.com                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Brief summary of the event            | <ul style="list-style-type: none"> <li>• Programme started at 10.00 am</li> <li>• 07 UG Students &amp; 01 PG Student, Teachers and non-teaching staff were participated in plantation while other students were participated to help this drive. (Total 14)</li> <li>• Instructions regarding plantation given by Dr. Mhaske, Dr. Bhor &amp; Dr. Tapaswi.</li> <li>• Dr. Wadadekar from Agadatantra dept was also present for event.</li> <li>• Plantation of trees were done by NSS Volunteers.</li> <li>• Students were instructed about to take their geotag photos, save on their drive and upload on the web portal <a href="http://www.nssmaharashtra.org.in">www.nssmaharashtra.org.in</a></li> <li>• Majhi Vasundhara Mitra certificates downloaded after taking E Pledge by everyone.</li> <li>• Vote of thanks given by Dr. Rajesh Mhaske as NSS In charge.</li> <li>• Thanks to Respected Principal mam for giving us such opportunity.</li> </ul> |

पुणे जिल्हा  
आयुर्वेद संशोधन केंद्र  
व संशोधन केंद्र निगडी, पुणे-४११०४४.

आयुर्वेद संशोधन केंद्र निगडी, पुणे-४११०४४.

दिनांक २५/१०/२१

डॉ. राजेश म्हास्के



Dr. Rajesh Mhaske

PROGRAM OFFICER  
NATIONAL SERVICE SCHEME  
C.A.R.C., NIGDI, PUNE-44.

# Azadi ka Amrit Mohotsav "Majhi Vasundhara Abhiyan"

Plantation at C.A.R.C.s Bhavprakash Herbal Garden, Dehuroad, Pune

N.S.S. & Dravyaguna Department

Date: - 22/10/2021



  
**PROGRAM OFFICER**  
NATIONAL SERVICE SCHEME  
C.A.R.C. NIGDI, PUNE-44.



  
**Principal**  
P.D.E.A'S  
College of Ayurved And Research Centu  
Nigdi, Pune - 411 044.



Government of Maharashtra  
Environment and Climate Change Department



MAJHI VASUNDHARA  
**MITRA**

CERTIFIED

‘Mazi Vasundhara Mitra’

Name : SURABHI SHENDAGE

Date : 22/10/2021

**Aaditya Thackeray**  
Minister

Tourism, Environment and Climate Change & Protocol



**Principal**

P.D.E.A'S

College of Ayurved And Research Centre

Mumbai - 400 004



PLEDGE2/00156393



*[Signature]*

Principal

P.D.E.A.S.

College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.



Pune District Education Association's

## College of Ayurved & Research Centre



### World Health Day Report

Name of the event : World Health day  
Date : 7/4/2022  
Department : Kriya Sharir  
Activity for day celebration: Elocution competition  
Participants : UG Students  
No. of Participants : 03  
Email address : [carckriyasharir@gmail.com](mailto:carckriyasharir@gmail.com)  
Contact person : Dr.Chobhe Swati  
Contact no. : 9850716124

#### Brief summary

- 7<sup>th</sup> April is celebrated as World Health Day.
- Kriya Sharir Department celebrates this day every year.
- This year, theme for world health day was- 'Our Planet our Health'. Kriya Sharir dept. had organized elocution competition based on this theme.
- Topics were- 1. Global Warming 2. Cultivation of Ayurvedic plants for healthy mother earth 3. Plastic free India.
- Information of competition was conveyed to students through flyer 7 days prior.
- Total 03 videos received.
- Names of Participants: 1. Sayali Arude 2. Shivpriya Nambiar 3. Prem Dale
- Winner declared: Ms. Sayali Arude
- Prize of Rs.501 and certificate of reward given to winner. Rest have received certificate of participation.

TRUE COPY

Principal

College of Ayurved And Research Centre  
Akurdi Pune - 441 044.



पु.जि.श.म.य  
आयुर्वेद महविद्यालय व संशोधन केंद्र  
निम्नलिखित विवरण  
आवक क्र. 1277/2022-23  
दिनांक - 25/07/2022  
लेखांक 3  
प्रचार्य

Name of the Department -Kriya Sharir

NAAC Metric No. 7410



Pune District Education Association's  
**College of Ayurved & Research Centre**



**First Prize Winner- Ms. Sayali Arude (II<sup>nd</sup> BAMS)**



**TRUE COPY**

*(Signature)*

Principal  
College of Ayurved And Research Centre  
Akurdi, Pune - 411 011

Name of the Department -Kriya Sharir

NAAC Metric No. 7.1.10



Pune District Education Association's  
**College of Ayurved & Research Centre**



Certificate of participation –Ms.Shivpriya Nambiar (III<sup>rd</sup> B.A.M.S.)



Certificate of participation –Mr. Prem Dale (III<sup>rd</sup> B.A.M.S.)

TRUE COPY

Principal

College of Ayurved And Research Centre  
Akurdi, Pune - 411 044.



H.O.D.

Dept. of Sharirakriya  
CARC Nigdi, Pune - 44

Name of the Department -Kriya Sharir

NAAC Metric No. 7130



PUNE DISTRICT EDUCATION ASSOCIATION'S

College of Ayurved & Research Centre, Nigdi, Pune

DEPARTMENT OF AGADTANTRA

On Occasion Of

Mahatma Phule Jayanti, 11<sup>th</sup> April 2022

ORGANIZING  
NATIONAL LEVEL E-POSTER  
COMPETITION

Rules for Digital poster

- ✓ A4 size
- ✓ Language: Hindi/English/  
Marathi
- ✓ Write: Name, Mobile No.  
and college name on left  
lower corner of e poster

Theme  
"Gender  
Equality"

All participants will  
be given e-  
certificate  
3 winners will be  
given prizes

Submit e-poster on:

[carcagadtantra@gmail.com](mailto:carcagadtantra@gmail.com)

Last date of Submission:  
10<sup>th</sup> April 2022

FOR  
All UG, PG & PhD Scholars





Pune District Education Association's  
**College of Ayurved & Research Centre**



Date: 22/4/2022

**Post Event Summary Report**

**Name & Date of the event:** Celebration of Mahatma Phule Jayanti by organizing National Level e-poster competition on "Gender Equality"

**Date:** 11/4/2022

**Organising department/ committee:** Agadtantra Department

**Location of the event:** E-posters were submitted by students in soft copy on [carcagadtantra@gmail.com](mailto:carcagadtantra@gmail.com)

**Number of persons attending the event:** 70

**Mode of event:** Online/ Offline: Online

**Drive Link for Photos:**

**Brief summary of the event:**

On the occasion of Mahatma Phule jayanti Agadtantra department was organised E – Poster competition. Theme was given "Gender Equality". Huge response received from all over India. Total 70 entries received from various states like Maharashtra, Goa, Karnataka, Gujarat etc. Assessment of these posters were done by Dr Ila Bhor (Asso. Prof dept of Dravyaguna) & Dr Tushar Khairnar (Asso Prof, dept of Agadtantra). 10 points were given in all based on content, presentation, Design, Layout & Graphics. 3 winners were selected from these entries as follows;

1<sup>st</sup>: Divyani Chaudhari from Jamnagar,

2<sup>nd</sup>: Shruti Gupta from CARC

3<sup>rd</sup>: Sarita Murade from hadapsar.

The contest was specifically digital e-poster, but we received 10 to 12 hand drawings on the theme, hence One consolation prize was given to Rohan Datta from Guwahati for his excellent concept of depiction of gender equality in Ardhanarineshwar.

**HOD** *Dr. Phadke*  
**DR. PHADKE J.J.**

M.D. (AYU), P.G.D.M.L.S.  
Professor & Head of the Dept.  
Agada Tantra & Vyavaharayurveda Vibhag,  
C. A. R. C. Akurdi, Pune - 44.

*Hek*  
**Principal**

**Principal**

P.D.E.A'S  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.

**Name of the Department :** Agadtantra

**NAAC Metric No.** 7-1-1

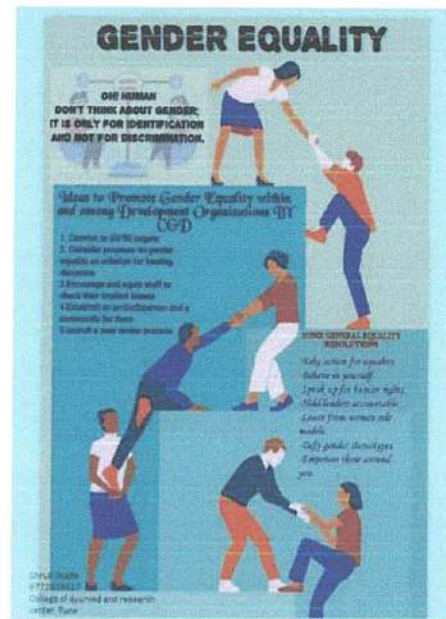




# Pune District Education Association's College of Ayurved & Research Centre



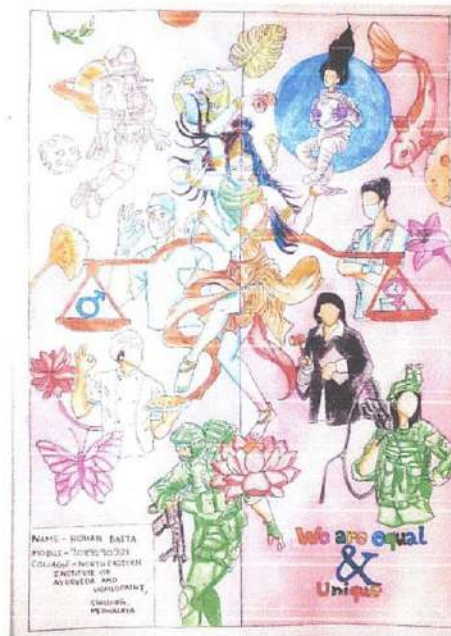
1<sup>st</sup> Prize : Divyani Chaudhari



2<sup>nd</sup> Prize : Shruti Gupta



3<sup>rd</sup> Prize : Sarita Murade



Consolation prize: Rohan Datta, Guwahati

HOD **DR. PHADKE J.J.**  
M.D. (AYU), P.G.D.M.L.S.  
Professor & Head of the Dept.  
Agada Tantra & Vyavaharayurveda Vibhag,  
C. A. R. C. Akurdi, Pune - 44



**Principal**  
Principal  
PDEA'S  
College of Ayurved And Research Centre  
Nigdi, Pune - 411 044.  
NAAC Metric No. 7.1.1

Name of the Department - Agadatantra

**PDEAS College Of  
Ayurveda And Research  
Centre , Nigdi Pune**

**Streeroga And Prasuti Tantra  
Department**



**Presents**

**Rangoli  
Competition**

**On The Occasion Of  
Menstrual Hygiene Day**

**28 May 2022**

**Participants - 1st Year To 4th Year & Interns**

**For Any Query -**

Principal  
PDEAS Research Centre  
College of Ayurveda & Research  
Nigdi, Pune - 411 044

78

71

**Department of Streeroga and Prasutitantra**  
**ZIST FOR WORLD MENSTRUAL HYGEINE DAY -2022**

**Venue:** PDEA's CARC , NIGDI, PUNE.

**Date:** 28/05/2022

**Time:** 10.00am to 11.00am

On the occasion of **WORLD MENSTRUAL HYGEINE DAY, 28 May 2022**, Streeroga and Prasutitantra department of PDEA's college of Ayurveda and Research Centre, Nigdi, Pune organised Rangoli competition. Program started with Dhanvantari Poojan & Deep-Prajwalan by Dr.Jamdade madam. HOD (Samhita dept.)

**Topic** - Menstrual Hygiene Awareness.

**Participants-** UG, Interns, PG student's, Faculties.

- UG-0811
- Interns -02
- PG -00
- Faculties-02

Total participants =13

Rank 1. Bhagyashree Kshirsagar, Shweta Marane.

Rank 2. Maithilee Shivange, Devyani Joshi.

Rank 3. Deepa Kale.

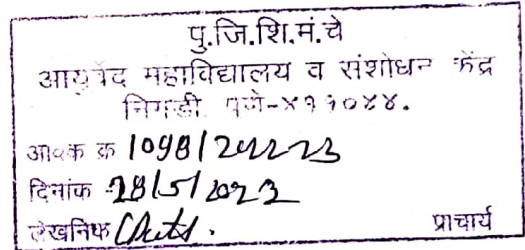
Consolation.

1. Dr.Anuja Wadadekar, Dr.Divyashree K.S. (Assi.professor)
2. Neha Gavhane, Aaditi Bandgar.
3. Pradnya Kapse, Sejal Polawar, Pranjal Shirsale.

All participants are felicitated with certificate and prize by Dr. Anjali Jadhav madam (HOD Streerog dept).Dr. Mokashi sir (PG director).Dr. Lad madam (HOD Dravyaguna Dept)

All participant Rangoli photos attached to the given link-

<https://drive.google.com/drive/folders/1aokMsFme-AalTUQAt28A5inNDq67gDlu?usp=sharing>



*Hok*  
**Principal**  
PDEA'S  
College of Ayurvedic Research Centre  
Nigdi, Pune - 411 044.



COLLEGE OF NURSING RESEARCH  
PUNE  
AKRISHA

Principal  
College of Nursing Research Centre  
Pune, Pune - 411 004



Principal  
PDEAS  
College of Ayurvedic Research Centre  
Nigri, Pune - 411 049



Pune District Education Association's

## College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc\_akurdi@pdeapune.org



Date: - 15/09/2022

Metric No. 1.3.1

Event - Survey on awareness of sexual Harassment & violence against women

शैक्षित विभागा

Date of Survey – August 2022

Organising Department – Department of Ayurved Samhita Siddhant

Location of Survey – PDEA's College of Ayurved & Research Centre

Number of Participants – 100

Mode of Survey – Online

From Link - <https://forms.gle/WHLG8afWHbUoTs3a6>

Data Link -

[https://docs.google.com/spreadsheets/d/1AEMjfrRMysPnRB6yi5JCswKP895e2\\_0u3ueg4-8PbM/edit?usp=share\\_link](https://docs.google.com/spreadsheets/d/1AEMjfrRMysPnRB6yi5JCswKP895e2_0u3ueg4-8PbM/edit?usp=share_link)

Contact person – Prof. Vd. Yogita Jamdade, HOD

Email ID – [carcsamhita2022@gmail.com](mailto:carcsamhita2022@gmail.com)

### Summary of Survey-

Department of Samhita & Siddhanta, PDEA's College of Ayurved & Research Centre conducted this online survey through Google form; under Gender equity sensitization program for 2022. Questions included in this survey were asked for purpose of spreading and assessing awareness of Sexual Harassment & violence against women. The questionnaire was validated by the Vishakha Committee Members Dr. Madhavi Deodas and Dr. Arti Firke before circulating it to the respondents. Students at the college and other staff were asked to voluntarily submit responses in the survey. Responses recorded in this survey can be used by institute to evaluate awareness. Responses recorded in this survey were not considered as a complaint against anyone. Identity of responder was not necessarily required. Identity of responder will not be revealed.

| Age Group       | Participants |
|-----------------|--------------|
| 18 to 20        | 59           |
| 21 to 23        | 32           |
| 24 to 26        | 1            |
| 27 yrs or elder | 4            |

| Place of Harassment  | Responses |
|----------------------|-----------|
| Work                 | 4         |
| School               | 3         |
| Public transport     | 16        |
| Street               | 16        |
| Shop                 | 4         |
| Public building      | 7         |
| Lift, Covid Hospital | 1         |
| Dmart                | 1         |





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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc\_akurdi@pdeapune.org



Date: - 15/09/2022

Metric No. 1.3.1

Total Responses were - 100, Male - 42, Female - 52, 2 - Opted not to reveal gender, 4 rejected participations in the survey. 5 respondents voluntarily shared their name. Among them 1 as female and 4 were male. Participants were from 22 different cities across Maharashtra. Among them 55 were residents of the Pune or Nigdi.

| Who did do this to them | Responses |
|-------------------------|-----------|
| Friend                  | 7         |
| Colleague               | 3         |
| Classmate               | 2         |
| Stranger                | 28        |
| Service provider        | 4         |
| Employer                | 1         |
| Senior                  | 1         |

Among these participants 13 have experienced some sort of sexual harassment. 3 were not Aware of it.

After reading information about types of Sexual Harassments & violence 12 participants revealed that they have experienced some sort of Sexual Harassment or violence more than once; in 2 responses it was 4 times up till now.

| How did it make them feel      | Responses |
|--------------------------------|-----------|
| Afraid                         | 13        |
| Nervous                        | 9         |
| Embarrassed                    | 6         |
| Angry                          | 23        |
| Uncomfortable                  | 21        |
| Upset                          | 8         |
| Degraded                       | 2         |
| Intimidated                    | 1         |
| Defiant                        | 2         |
| Neutral (used to the behavior) | 10        |

Among these participants in total 61 times, they felt that they needed immediate support, but they got it only 50 times. They got support 23 times from friends and family and 4 times through helpline. 7 of them had to change their route or place. 40 % of the participants didn't know about Vishakha Committee in our institute at the time of survey.

| Type of Harrassment                                     | Responses |
|---------------------------------------------------------|-----------|
| Unwanted physical contact                               | 10        |
| Suggestive remarks                                      | 3         |
| Jokes of a sexual nature                                | 1         |
| Display of sexually offensive materials in public space | 0         |
| Unwanted comments on dress                              | 8         |
| Invasion of personal space                              | 3         |
| Staring or Leering                                      | 15        |
| Intimidating presence (e.g followed in proximity)       | 5         |

18 participants didn't know about any helpline. 52 participants didn't know about any Safety apps. All of them came to know about these facilities during this survey. 55 participants haven't enabled emergency contacts in their mobile phones. 42 % of the participants are trained in some or other self-defence techniques. 70 % of the participants do not carry any kind of self-defence equipment. 13 responses were found negligent about helping a woman being sexually Harassed or violated.

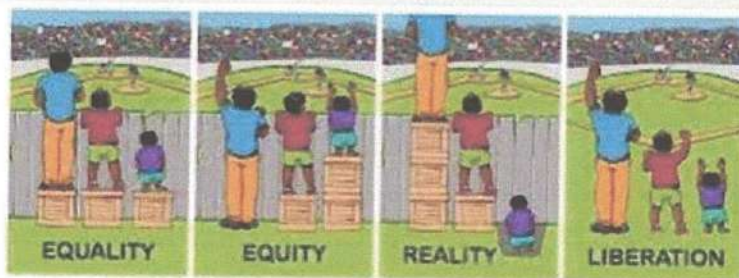
Vd. Yogita Jamdade

HOD

**H.O.D.**

Dept of Ayurved Semhita Siddhant  
College of Ayurved & Research Centre  
Nigdi, Pune





## Survey on awareness of sexual Harassment & violence against women

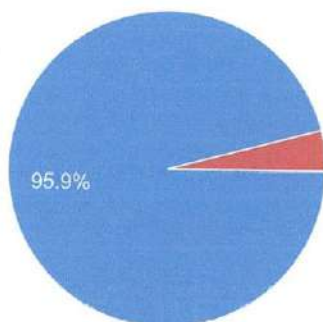
100 responses

[Publish analytics](#)

I have read & understood all the information above. I wish to continue sharing information without disclosing my identity.

[Copy](#)

98 responses



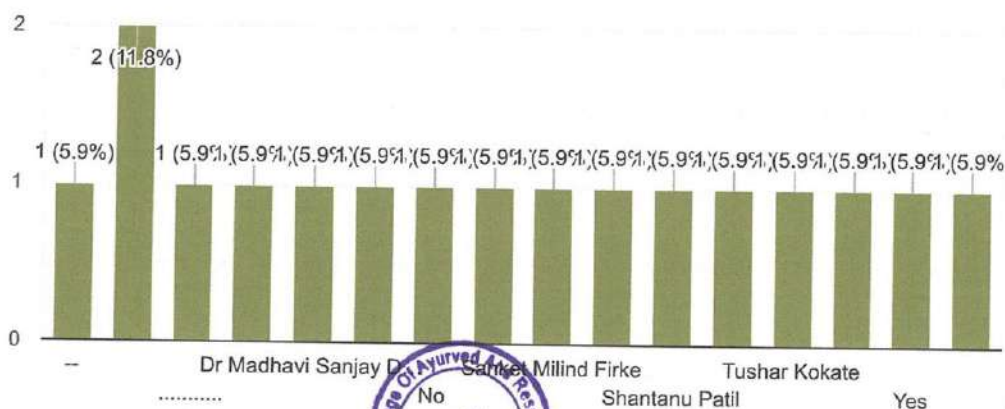
● Yes, Continue to the survey  
● No, I don't want to share.

## Survey on awareness of sexual Harassment & violence against women

Your Name (This is completely optional)

[Copy](#)

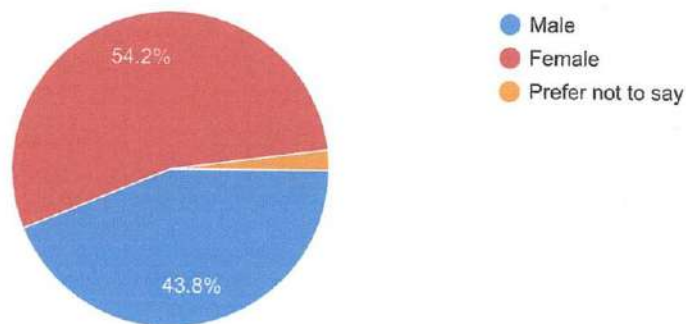
17 responses



## Gender

96 responses

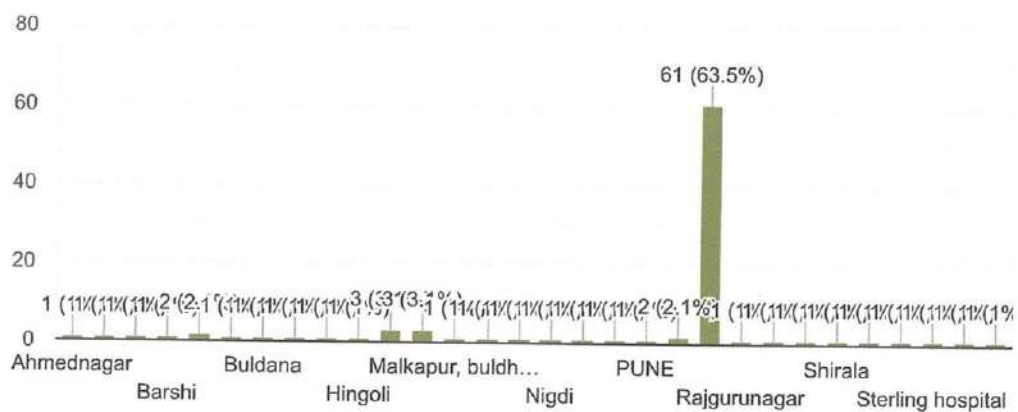
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## Which city do you live in?

96 responses

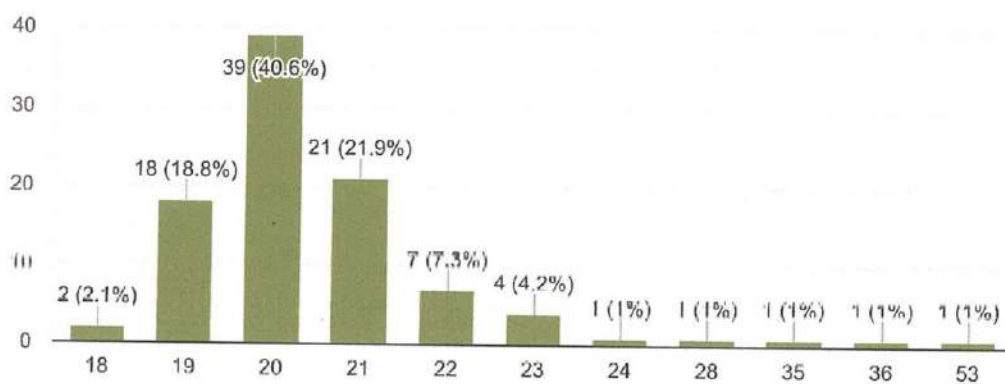
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## How old are you? (In years)

96 responses

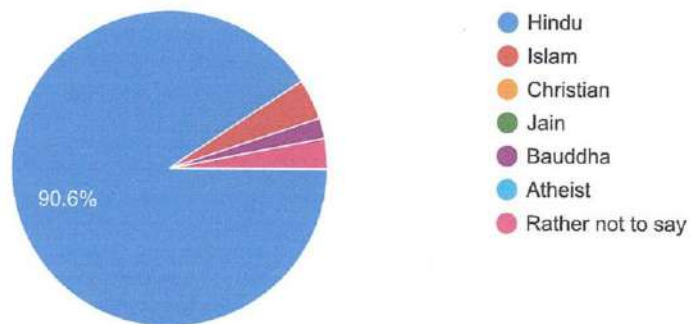
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What faith group / Religion would you say you belong to?

 Copy

96 responses

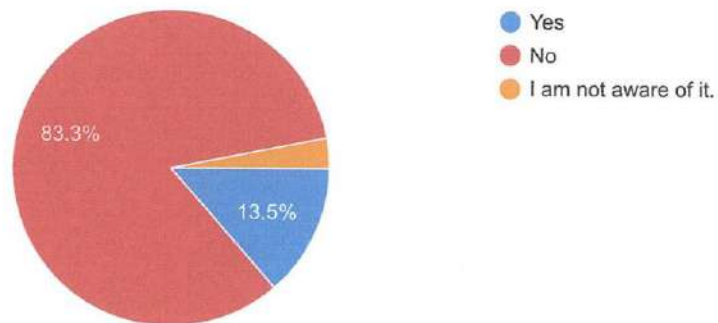


### Awareness about of nature of Sexual Harassment

Have you ever experienced sexual harassment?

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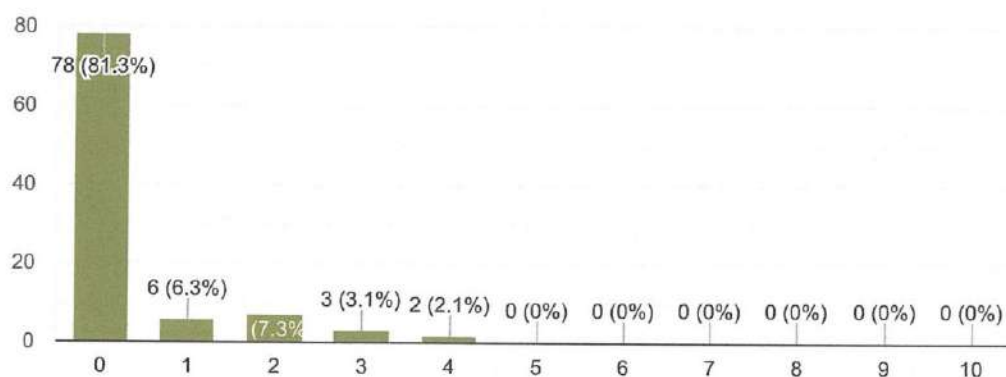
96 responses



How many times you think this has happened to you?

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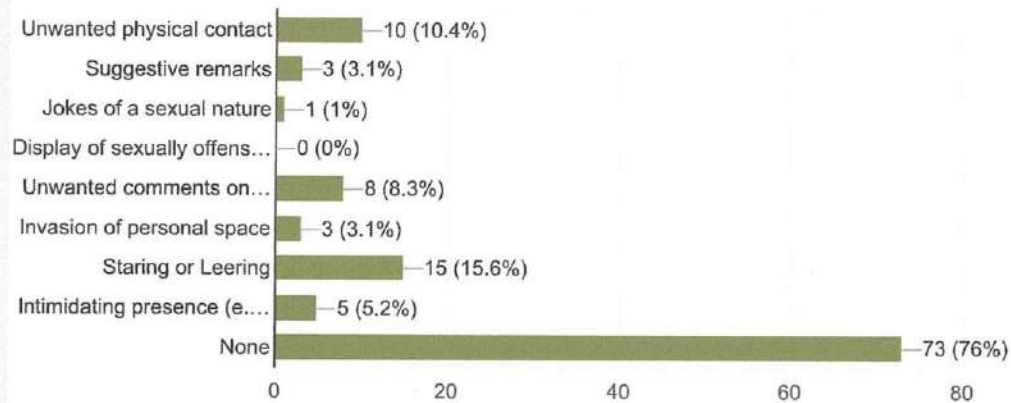
96 responses



## What type(s) of sexual harassment have you experienced?

Copy

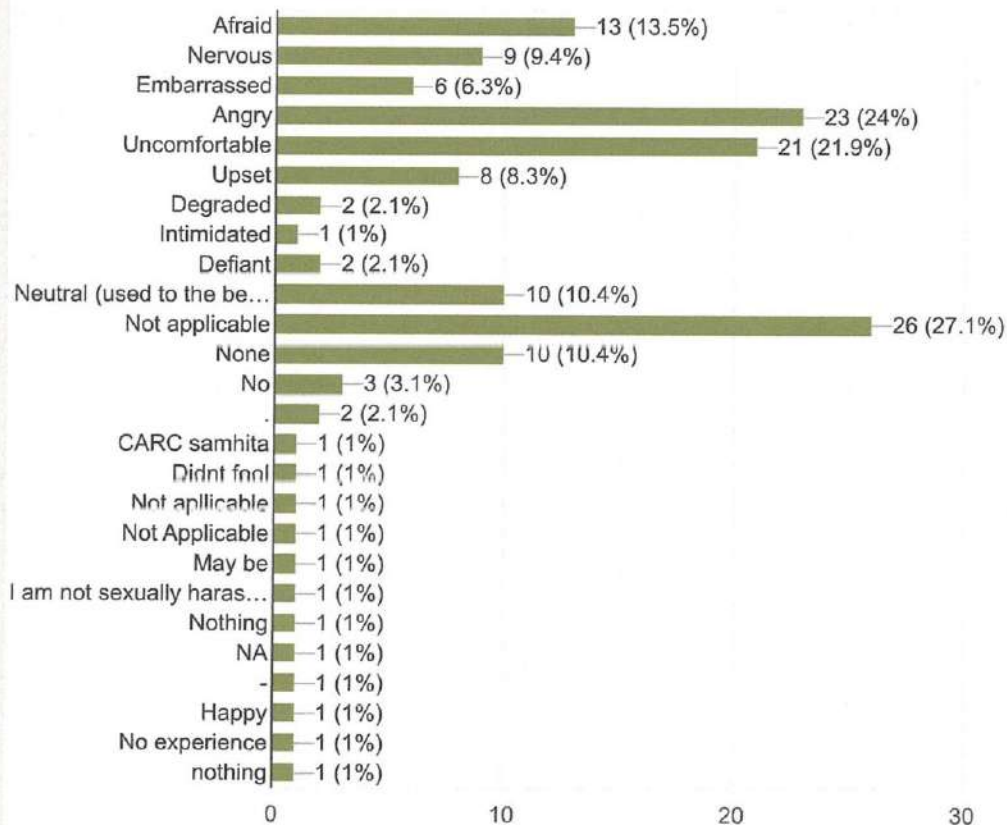
96 responses



## How did this make you feel?

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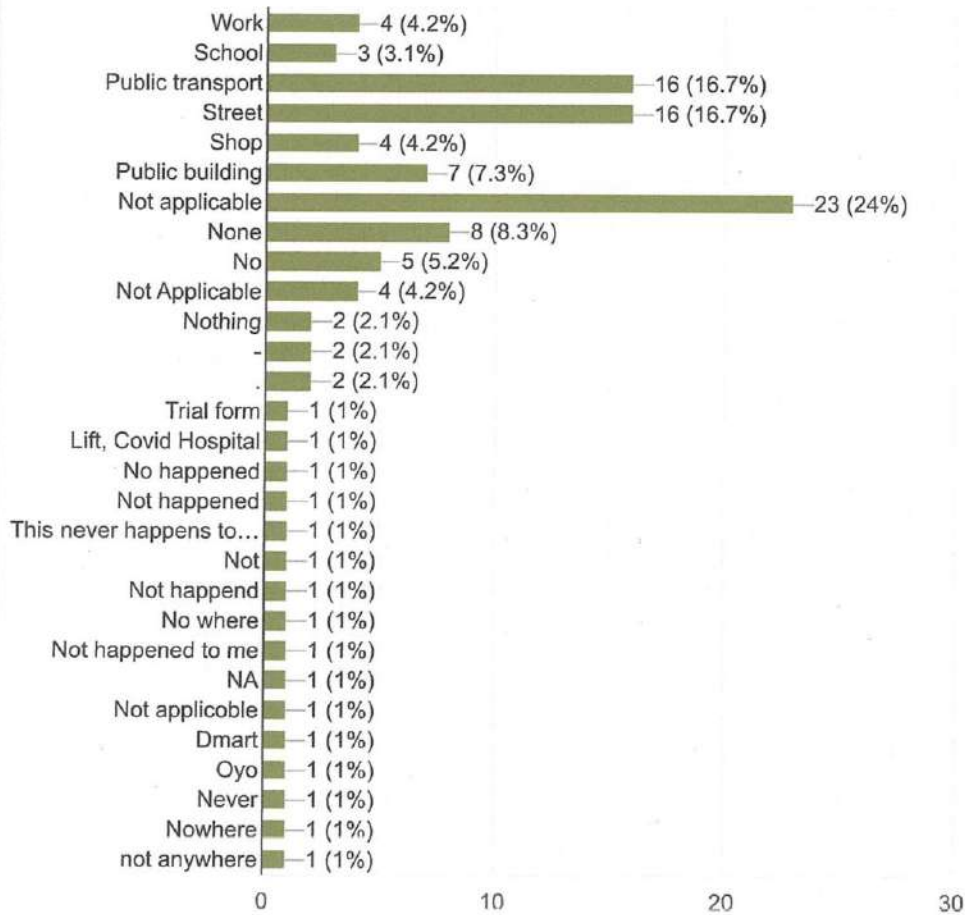
96 responses



## Where did this happen to you?

Copy

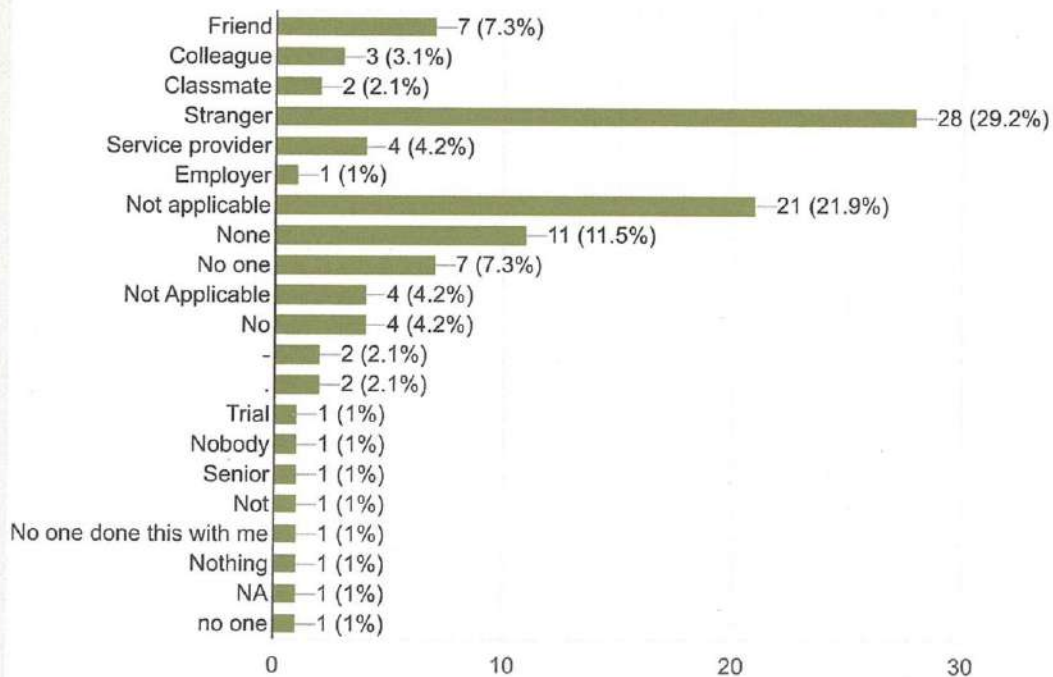
96 responses



## Who did this to you?

Copy

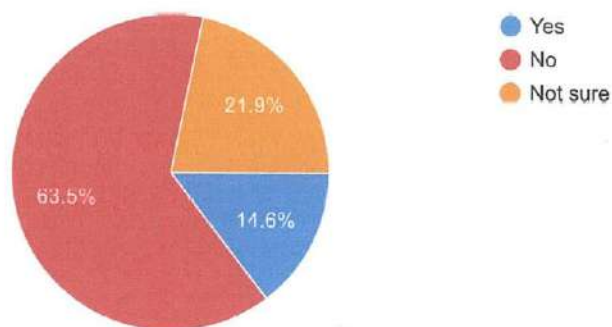
96 responses



## Did you feel you needed support or help with this?

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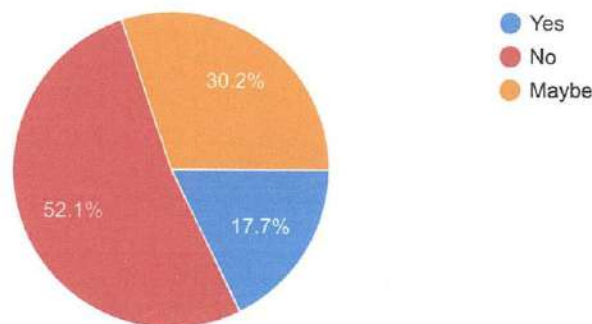
96 responses



If yes, did you get the support you needed?

 Copy

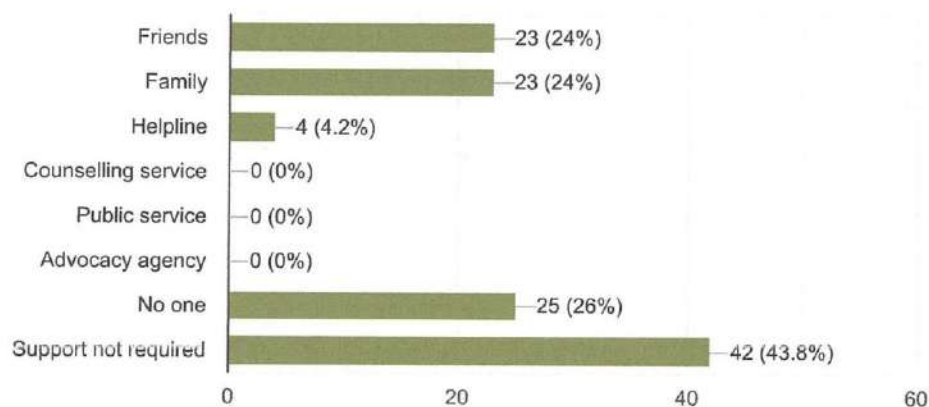
96 responses



Who supported you?

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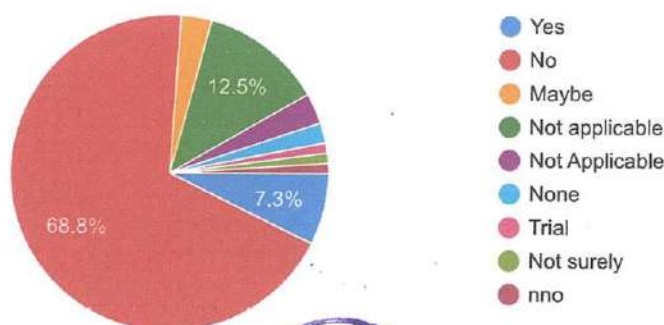
96 responses



Do you feel you have been pushed or forced to do anything differently because of your experience of sexual harassment? (e.g not walk a certain route, change of dress etc.)

 Copy

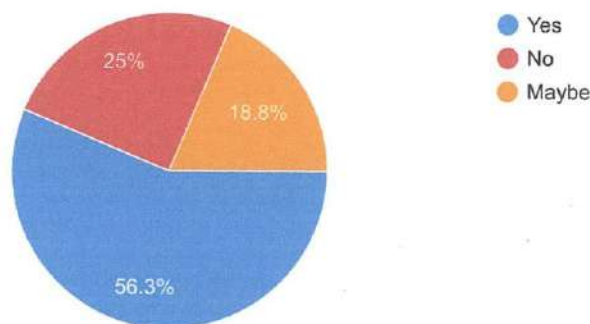
96 responses



Would you contact the helpline if you would like support in the future?

Copy

96 responses

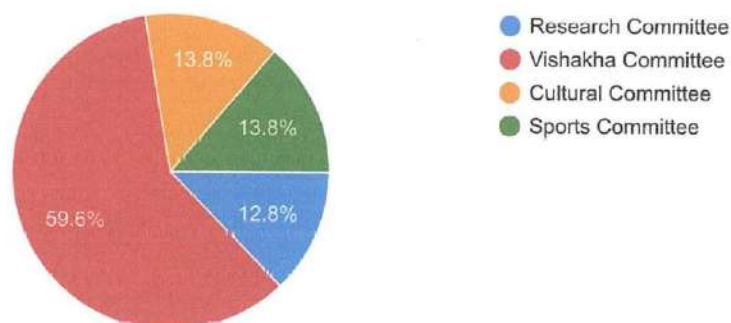


### Awareness of helplines and safety measures

Which committee in our institute has established for receipt and redressal of complaints of sexual harassment & violence against women ?

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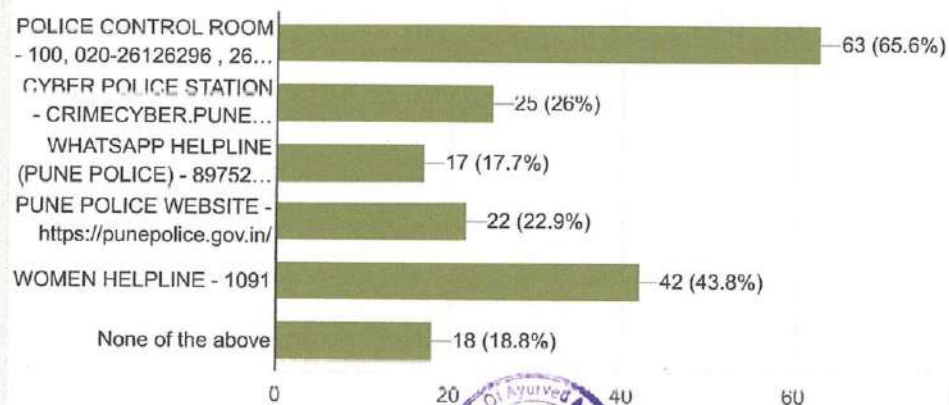
94 responses



How many of the following services do you know ?

Copy

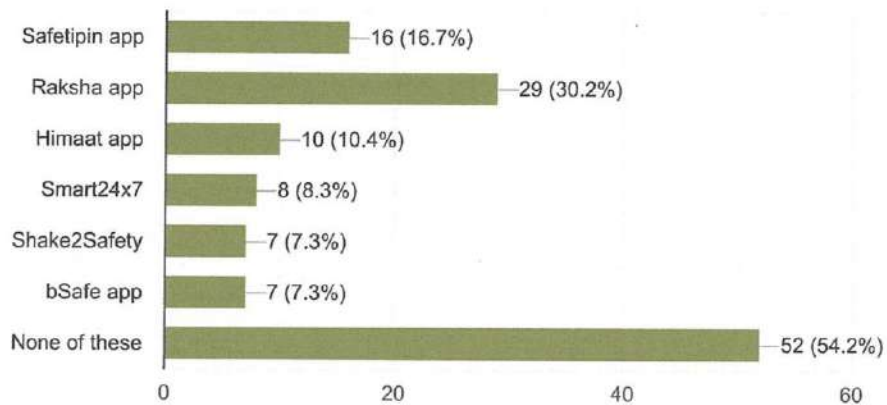
96 responses



## Which of the following Safety Apps do you know ?

Copy

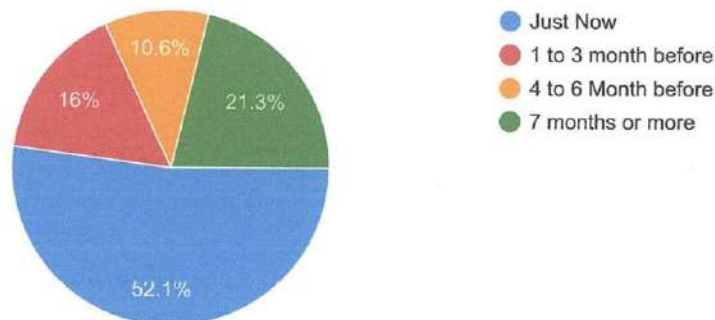
96 responses



## When did you came to know about these helplines and apps ?

Copy

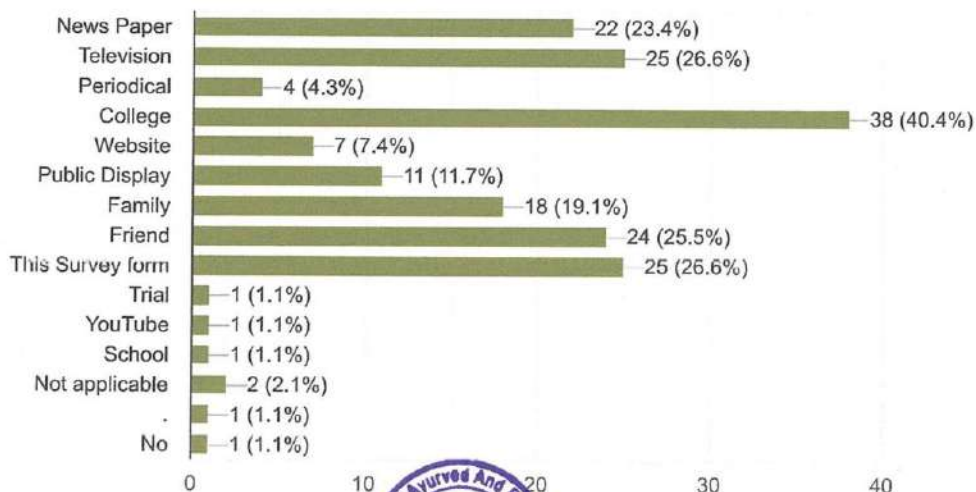
94 responses



## From where did you get information about these helplines and apps ?

Copy

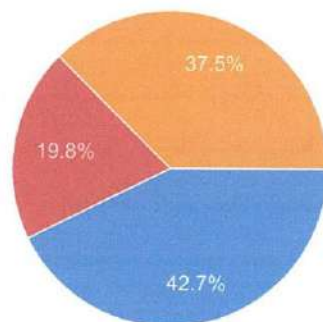
94 responses



Have you enabled emergency contacts in your mobile phone ?

 Copy

96 responses

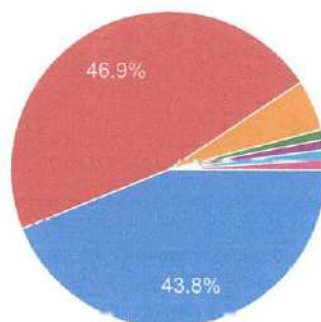


- Yes, already
- No, I don't think its required.
- I will do it today.

Have you been trained for self defense ?

 Copy

96 responses

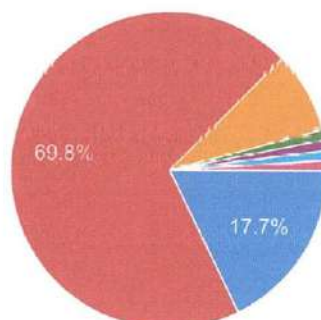


- Yes
- No
- I don't think it's needed.
- Trial
- May be
- Not
- Not applicable

Do you carry any self defense equipment with you ?

 Copy

96 responses



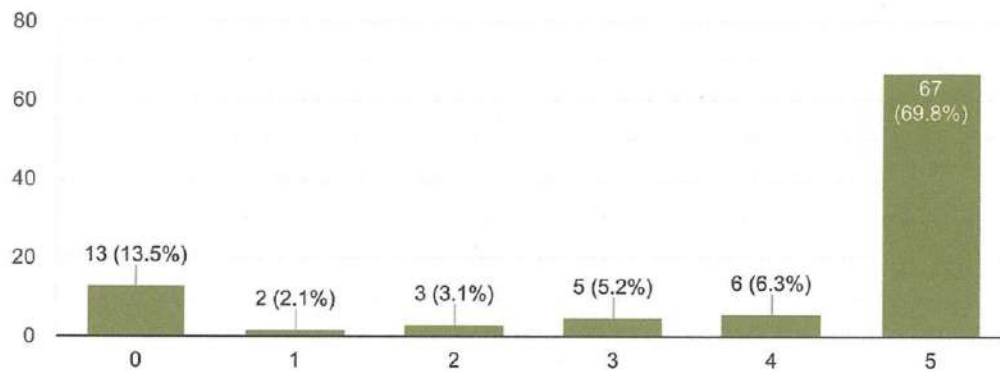
- Yes
- No
- I don't think it's needed.
- Trial
- Some time
- Not
- Not applicable



How much do you intend to help a woman being sexually Harassed or violated ?

 Copy

96 responses



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Pune District Education Association's  
**College of Ayurved & Research Centre**

Activity conducted on occasion of Ayurveda Day 2022

'Har Din, Har Ghar Ayurveda'

Post event summary report

Date- 13/10/2022

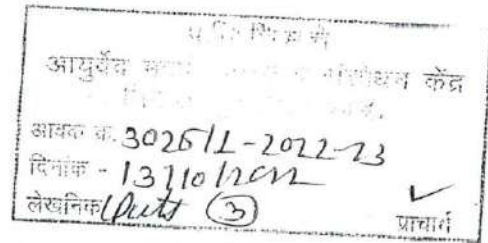
Name & Date of the event- Prakriti parikshan camp for senior citizen on 7/10/2022

Organizing department/ committee- kriya sharir department

Location of the event- Bhairavnath Nagar, Dehugaon, Pune

Number of persons attending the event- 48

Mode of event- Online/ Offline-Offline



Drive Link for Photos-

[https://drive.google.com/drive/folders/1PKn1MI\\_1AehOrPS8e2x7wPbR2O7V5BCQ?usp=sharing](https://drive.google.com/drive/folders/1PKn1MI_1AehOrPS8e2x7wPbR2O7V5BCQ?usp=sharing)

Brief summary of the event- Kriya sharir department arranged prakriti parikshan camp for senior citizens on occasion of National Ayurveda day celebration on 7<sup>th</sup> October 2022.



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College of Ayurved And Research Centre  
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E-mail - [carc2006@rediffmail.com](mailto:carc2006@rediffmail.com) / [carcakurdi@gmail.com](mailto:carcakurdi@gmail.com) Outlook- [acrc\\_akurdi@pdeapune.org](mailto:acrc_akurdi@pdeapune.org)



Date :- 07/10/2022  
Metric No. 1.3.1



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Nigdi, Pune - 411 044.



Pune District Education Association's  
College of Ayurved & Research Centre

Activity conducted on occasion of Ayurveda Day 2022

"Har Din, Har Ghar Ayurveda"

Post event summary report

Date- 18/10/2022

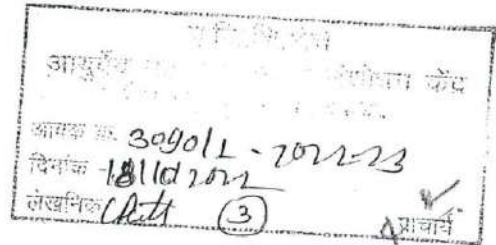
Name & Date of the event- Prakriti parikshan camp for CRPF

Organizing department/ committee- Kriya sharir department

Location of the event- CRPF CAMP , Talegaon Dabhade ,Pune

Number of persons attending the event- 50

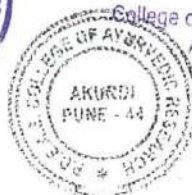
Mode of event- Online/ Offline- Offline



Drive Link for Photos- <https://drive.google.com/drive/folders/1-X4SUT5baoM5dh0SPrRYR8m96HLIVK?usp=sharing>

Brief summary of the event- Kriyasharir dept organized Prakruti parikshan camp for CRPF on 17 October 2022. PG student screened the volunteers and their prakriti parikshan was done.

*Chobhar*  
H.O.D.  
Dept. of Sharirkriya  
CARC Nigdi, Pune - 44



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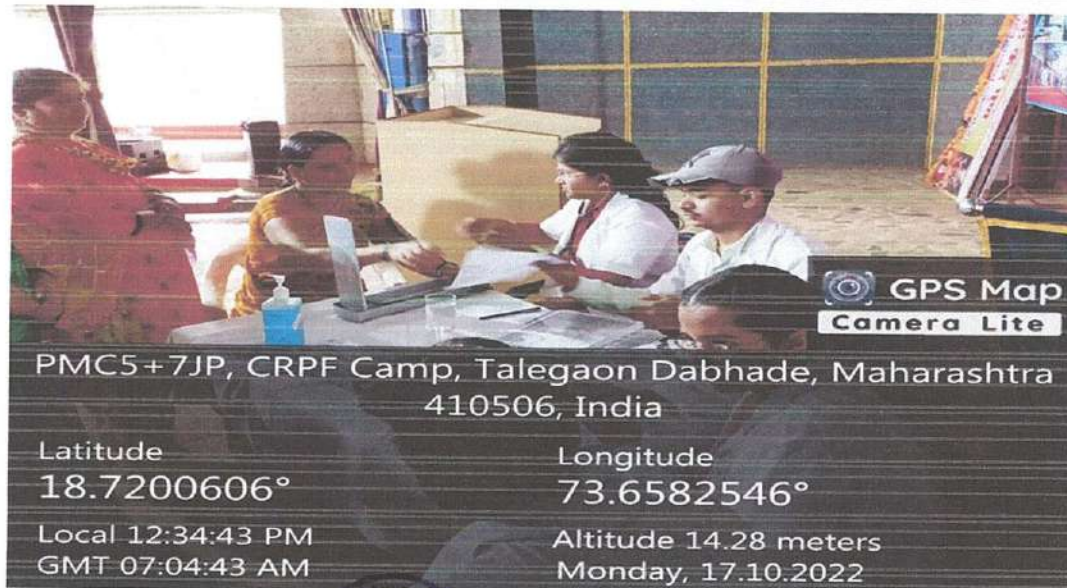
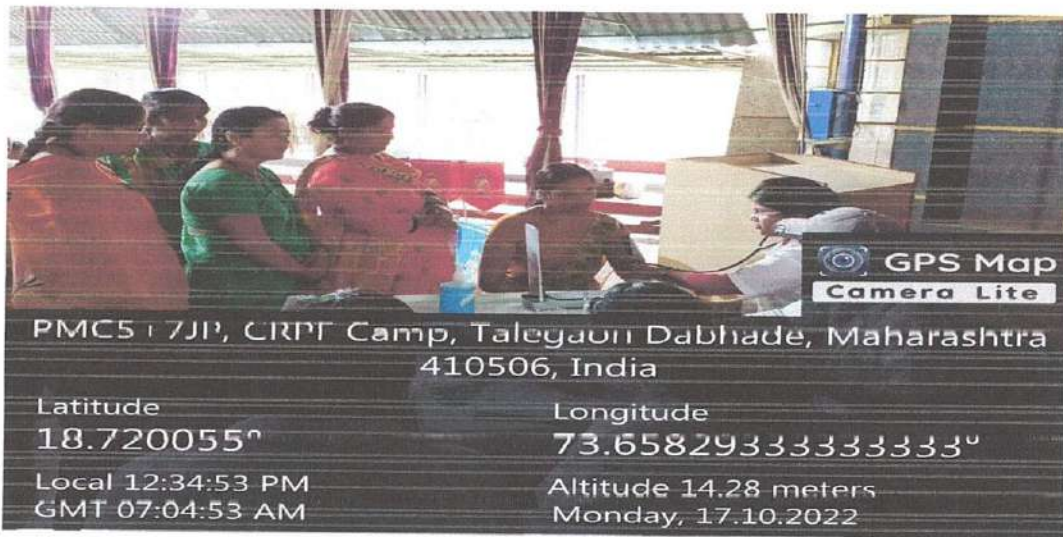
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E-mail - [carc2006@rediffmail.com](mailto:carc2006@rediffmail.com) / [carcakurdi@gmail.com](mailto:carcakurdi@gmail.com) Outlook- [acrc\\_akurdi@pdeapune.org](mailto:acrc_akurdi@pdeapune.org)



Date :- 17/10/2022

Metric No. 1.3.1,



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